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Shivajee V. Nallamothu, D.O., F.A.O.A.O. • Edward J. Lis, Jr., D.O., F.A.O.A.O.

## To Whom It May Concern,

As an Orthopedic Surgeon specializing in total and partial joint replacement, arthroscopic surgery of the shoulder and knee, and hand and wrist surgery, I am continually looking for ways to address the pain associated with these procedures. The various narcotics that are available make pain more tolerable for my patients, but put them at risk for abuse and addiction. Additionally some of the other oral options such as NSAIDS can cause gastrointestinal upset and other bothersome side effects. Therefore, when I was introduced to the pain creams that BioMed Specialty Pharmacy compounds, I was optimistic about trying them on several of my patients. After several weeks of use, I was very excited that many of my patients were getting great relief without the side effects I am accustomed to hearing about.

I would recommend using BioMed's compounds to control pain on any of the areas I treat including the knee, shoulder, hand and wrist. BioMed's Compounds are a great alternative to traditional remedies when you do not want to subject the entire body to oral medication and the side effects that comes with using them.

Sincerely

shivajee V. Nallamothu, D.O.